

WE INSPIRE, CHERISH AND BELIEVE  
IN EACH PERSON THAT THEY MIGHT FLOURISH  
AND FULFIL THEIR POTENTIAL

## Change Agents Update

We have had several Change Agent Challenges running over recent weeks.

Firstly we encouraged the children to celebrate 'Fairtrade Fortnight' by hunting out products in Supermarkets that had the Fairtrade logo on it. They also learned more about what Fairtrade is all about and some children made some very informative posters.

Well done Change Agents!

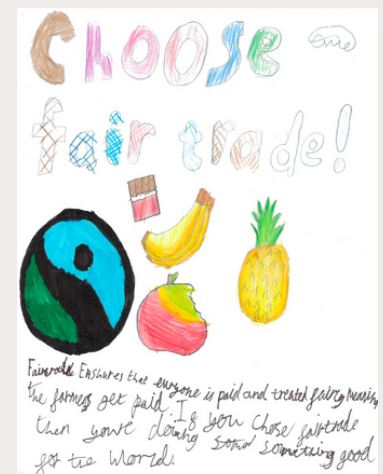
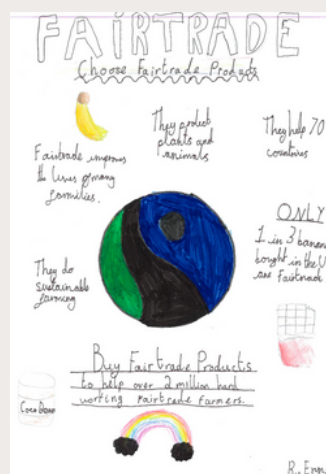
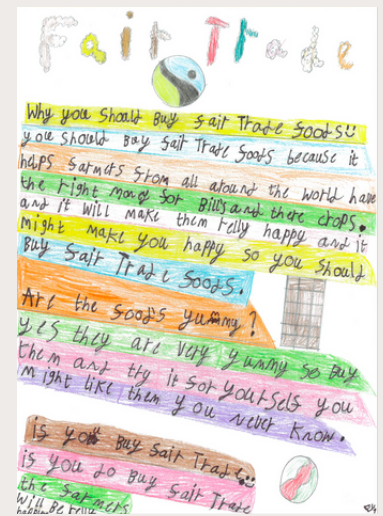
We have also been encouraging the children to recycle more and set up better recycling bins in their classrooms which was part of the work around recycling week.

Please do encourage the children with their Change Agent work both at home and school.

Don't forget we love to receive Change Agent stories and photos to the school email address [admin@barnham.suffolk.sch.uk](mailto:admin@barnham.suffolk.sch.uk)

Our next Change Agent challenges will be linked to our upcoming Harvest Festival when we will be asking children to consider making donations for the local foodbank and creating autumn themed art work to send to Care Homes in the local area too to bring some cheer as the weather changes and we have less daylight which can sometimes be a more challenging time for the elderly.

Remember at Barnham our mission is to bear fruits and share fruits!





# CONNECT Coffee Morning



Don't forget to pop along to this next week!

Our next Coffee Morning is on **Tuesday 8th October, 9-10am** when we will be joined by the Mental Health Support Team who will introduce themselves and the work that they do.

Please do come along if you can, refreshments will be provided- sign in at the office and we will meet together in the hall.

CONNECT Coffee Mornings are for **all** parents/ families and we'd love to welcome you.

## Just a little reminder...



If your child has not had their eyes tested recently, please do book an appointment at the Opticians.

Eye tests are not just about vision but also overall health and we strongly recommend that you and your children have regular eye tests.

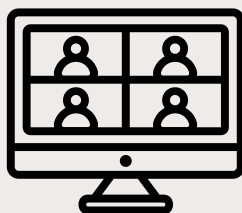
When did your child have their hearing tested last?

If there are ever concerns with learning, the first questions that visiting professionals ask us is "when did the child have their eyes and ears tested?"

Please ensure that your child has been tested.



## Messages from FOBS



Please don't forget that FOBS AGM is happening on Tuesday 8th October at 7.30pm via zoom. Everyone is very welcome to attend, just email [ptabarnham@gmail.com](mailto:ptabarnham@gmail.com) and we can send the link out to you.

We've also got a couple of dates for you to save:

18th October - Y4-Y6 Hang Out Night

8th November - Bonfire Night



22nd November - School Disco



More details for all of these events will follow soon!


# Safeguarding- October

Our focus for Safeguarding this month fits with the upcoming season. The nights are getting darker and Half Term, Halloween and Bonfire Night events will be fast approaching. Please do talk about these matters with your children. They will also talk about these topics in class with their teacher.


 **Contextual Safeguarding**   
Monthly Focus- October 2024

## Darker Nights and Stranger Danger

The nights are getting darker much earlier. Can you be seen?  
Remember to wear bright coloured clothes.




**What do we mean by Stranger Danger? Do you know how to keep yourself safe?**



Talk to a trusted adult if you have concerns.  
Always ensure an adult knows where you are.

How can you stay safe if you're going out over half term or Halloween?



Please work with us as we prioritise keeping children safe in all that we do.

# Safeguarding Children & Vulnerable Adults

**IMPORTANT**

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If you are a member of the public and have concerns about the safeguarding of a child or adult in Suffolk you can call Customer First on **0808 800 4005** (this is a freephone number).

You can visit the Suffolk Safeguarding website for more information:  
<https://www.suffolksp.org.uk/concerned>

If the child or vulnerable adult you are concerned about is in Norfolk here is the website to visit:  
<https://norfolklsc.org.uk/people-working-with-children/how-to-raise-a-concern>

You can also call **0344 800 8020**

# News from Squirrel Class

Squirrel class kick-started the year by creating their own kites to fly! On their kites they wrote about what they hope to improve and achieve in Year 5.



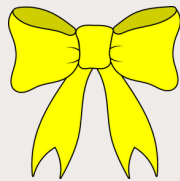
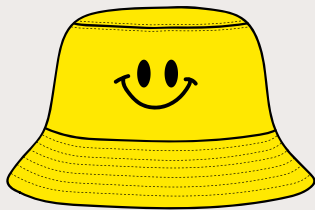
Squirrels have been loving the 'Little People, Big Dreams' books and have used these inspiring stories to help them think about their own talents and aspirations. They created their own front cover of a Big Dreams book, as well as a blurb all about themselves.



We enjoyed spending time in the sunshine carefully drawing the beautiful landscape around our school grounds in art. We are now learning how to draw abstract landscapes. In our reading lessons we are enjoying reading all about 'Shackleton's Journey' and the ups and downs Shackleton and his crew faced on their expedition!



World Mental Health Day  
Thursday 10th October  
Accessorise your uniform with  
**YELLOW** accessories if you  
wish! (No charge)



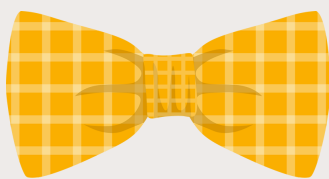
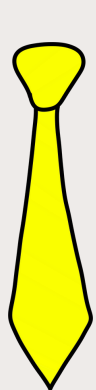
## Thrive Activity of the Week

This week's THRIVE activity is to get yourself ready for 'Hello Yellow' for Mental Health Day on Thursday 10th October.

Find yellow accessories that you can wear with your school uniform on that day.

You might also like to get creative and take some time out to do some crafting. Think about yellow paper hats, yellow bracelets. Maybe you could even make yourself a yellow badge to wear. The options are endless!

We can't wait to see what you create together! As always, please email in some photographs as we love to see them and share them in our newsletters! We might even start making a display in school with all the photos on.  
[admin@barnham.suffolk.sch.uk](mailto:admin@barnham.suffolk.sch.uk)



# Attendance Matters

**School Attendance**  
*Every day counts...*

Good attendance helps with...

- Academic Achievement**  
Regular attendance helps children keep up with the curriculum and perform better academically.
- Social Skills**  
Attending school regularly helps children develop friendships, social skills and learning how to interact with others.
- Routine & Responsibility**  
Good attendance teaches the importance of commitment, routine, and responsibility, which are all valuable life skills.
- Focus & Engagement**  
Children who attend school regularly are more likely to stay engaged in their learning and develop a positive attitude towards education.
- Building Confidence**  
Regular attendance can boost a child's self-esteem and confidence, as they see their progress and achievements over time.
- Enhanced Learning Opportunities**  
School provides not just academic instruction, but also extra-curricular activities and enrichment opportunities.

**Did you know there are...**

- 365 Days in a Year
- 190 School Days
- 175 Non School Days

Having 90% over 5 school years, is half a school year's work missed!

**Over half a term missed!**

Absence	Attendance
0 Days Absence	100% Attendance
10 Days Absence	95% Attendance
19 Days Absence	90% Attendance
29 Days Absence	85% Attendance
38 Days Absence	80% Attendance
47 Days Absence	75% Attendance

Silly School Education

# Our Value is Friendship

Our BIG QUESTION this week is:

## What can we learn from Jesus about friendship?

We were very lucky this week to have 3 visitors to lead our Collective Worship!

We absolutely LOVE having visitors in so if you have connections to any church leaders that you might like to send our way, please speak to Miss Bacon about this.

Thank you for joining us Tony Hood from Hopton Church, Matt Heard from Hope Community Church, Thetford and of course our lovely school Vicar, Vicar Karen!

It was also National Poetry Day this week, so we had a special Collective Worship about this.

We hope you enjoy this friendship poem.



**THE CAKE OF FRIENDSHIP**  
BY MICHELLE FLORES

Preheat the oven of love  
With plenty of secrets and hugs  
Mix in giggles and laughs  
That make your sides split in half  
Bake with the love and care  
And all the things you both should share  
Decorate with the frosting of trust  
This is really a must  
Enjoy the cake, do not eat it fast  
Just like your new friendship, make it last.

WE ARE TEACHERS

Our Friendship Bible Verse - Ecclesiastes 4 v 9-10

Two people are better off than one; for they can help each other succeed. If one person falls, the other one can reach out and help, but someone who falls alone is in real trouble.

# Lunch Menu for Next Week

Monday 7th October	Tuesday 8th October	Wednesday 9th October	Thursday 10th October	Friday 11th October
Pizza & Vegi Rice  OR  Jacket Potato	Chicken Fajita Wrap & Salad  OR  Quorn Fillet	Burger, Potato Wedges & Sweetcorn  OR  Quorn Hotdog	Sausage Roast & Fresh Vegetables  OR  Quorn Sausage	Fish Fingers, Chips & Beans  OR  Vegi Fingers
Vanilla Crunch	Marble Cake	Jelly & Fruit	Ice Lolly	Sprinkle Ice Cream Pot

## Diary Dates

Tuesday 8th October - 9am - CONNECT Coffee Morning **open to all Families**- Visiting Speakers from Mental Health Support Team

Tuesday 8th October- 7:30pm - FOBS AGM Online

Thursday 10th October - World Mental Health Day - Wear Yellow Accessories

Thursday 17th October - 1:30pm - Harvest Festival at Church, all welcome

Friday 18th October - FOBS Youth Hangout for Y4-Y6 Children (more information to follow)

Monday 21st October & Tuesday 22nd October - Parents Evenings

Monday 28th October - Friday 1st November - Half Term Holiday

### OUR SCHOOL BIBLE VERSES:

"But blessed is the one who trusts in the Lord,  
whose confidence is in him.  
They will be like a tree planted by the water  
that sends out its roots by the stream.  
It does not fear when heat comes;  
its leaves are always green.  
It has no worries in a year of drought  
and never fails to bear fruit."  
Jeremiah 17:7-8

Jesus said 'I am the vine; you  
are the branches.  
Those who abide in my and I in  
them, will bear much fruit.'  
John 15:5

