



## Children's Mental Health Week



We have had a wonderful week at Barnham learning all about the importance of looking after our mental health.

The children have taken part in a vast array of activities from playing outside to extra fitness sessions for a healthy body and a healthy mind.

The children have read stories around the theme and have explored this in their classes.

Each child was also given the opportunity to create a postcard to share their voice and what matters to them. It was great to hear all of their different ideas.



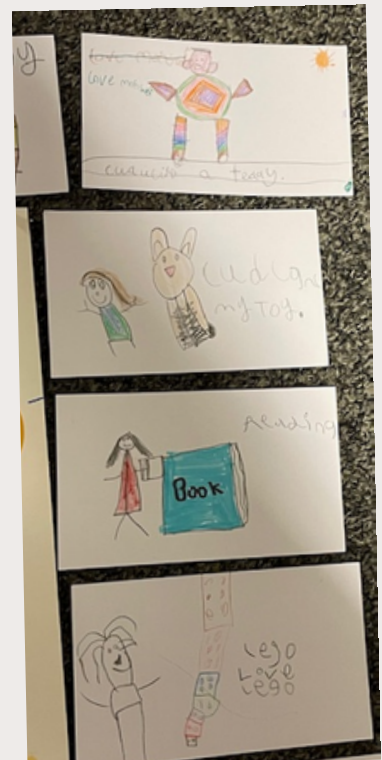
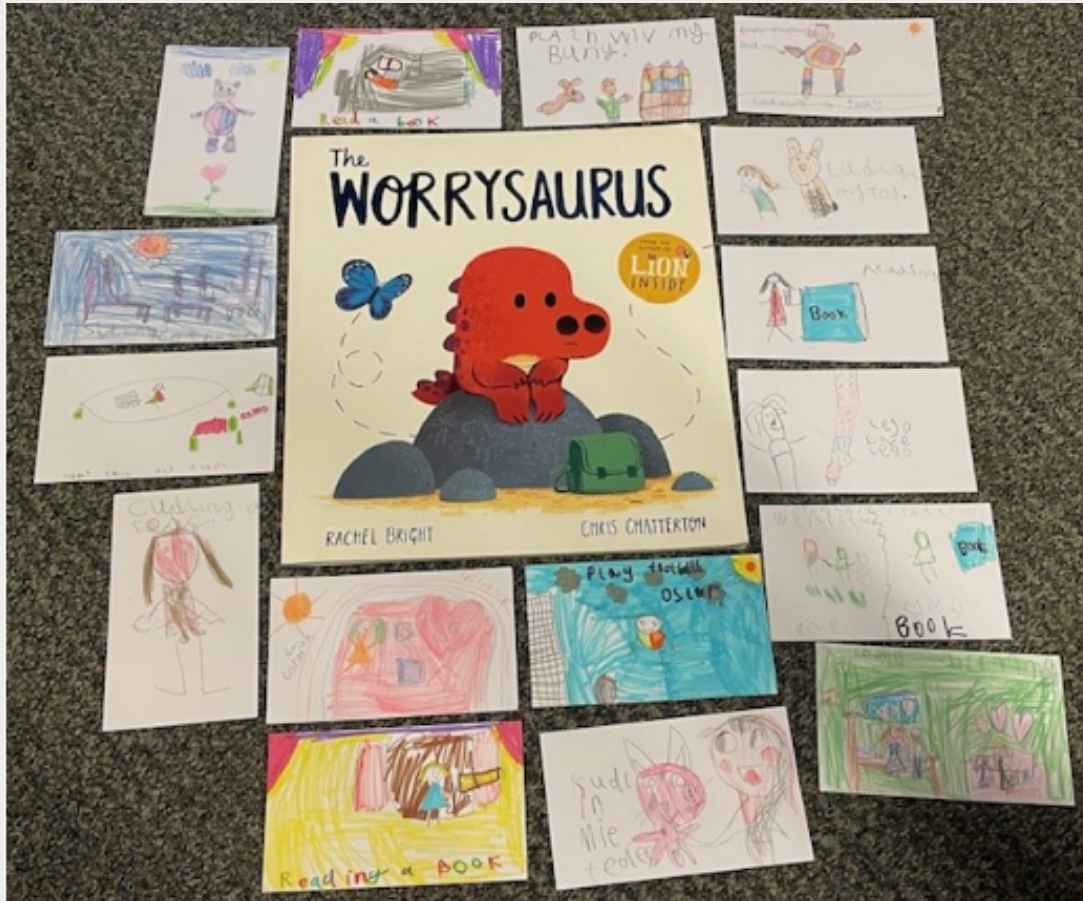
## "What matters to you?"



# What calms your busy mind?

Mole Class explored the story *The Worrysaurus* and thought about things that calmed them when their minds felt busy - just like Worrysaurus!

After sharing their ideas with a partner they illustrated postcards with their unique ways to calm their busy minds!



# Meet Charlie- The Therapy Dog

As part of Children's Mental Health Week, Miss Bacon brought her therapy dog Charlie into school to meet all of the children!

Charlie had a very warm welcome and the children were thrilled to meet him.

During the day, Moles class designed him a coat to keep him dry in the wet weather, Charlie played football, was taken for walks and enjoyed lots of strokes, cuddles and brushes.

Hopefully he'll come back and visit again sometime soon.

We were so proud of some of our children who were a little unsure initially but then were brave and even stroked Charlie.



# Chinese New Year - Kung Hei Fat Choi from Hedgehog Class

Hedgehog Class enjoyed celebrating Chinese New Year where they learnt about Chinese celebrations, went to a Chinese restaurant, wrote in Chinese, designed their own Chinese dragons and tasted lychee. The children even made their own lucky red envelopes and were excited to find that they each had a coin inside at the end of the day!

## 恭喜發財



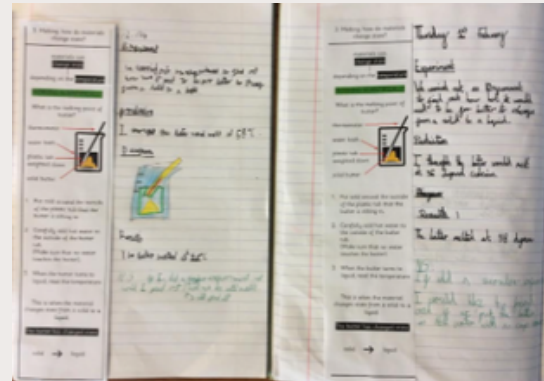
# News from Foxes



We have been enjoying conducting experiments outdoors as part of our Science work on 'States of Matter.'

In one experiment, we tested the viscosity of different liquids by timing how they took to slide down a whiteboard.

In another experiment, we recorded the melting point of butter to time how long it took to change states from a solid to a liquid. (Examples of how we recorded the experiment by Jenson and Evelyn C.)



In maths, we have been dividing two and three digit numbers with and without remainders, using practical apparatus, pictures and written methods.

In English, we have been planning a story set in a different culture. Our stories are going to be set at the time of the Vikings to link with our new history topic.

In gymnastics, we have been working in pairs to work out routines involving balancing, rolling and jumping.

We have also had great fun producing tie-dye patterns in art.



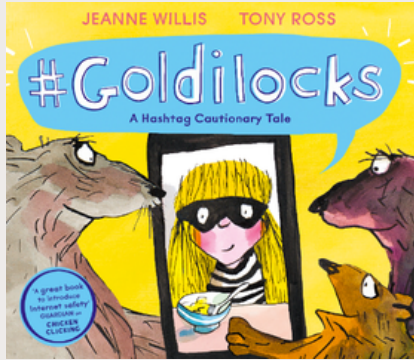
## Thank You FOBS for an amazing disco!

Thank you to everyone that supported our school disco. An amazing £614 was raised!

FOBS you did an amazing job again and the children had a wonderful time. Thank you all so much.



# Internet Safety Day



SAVE the DATE

Safer Internet Day

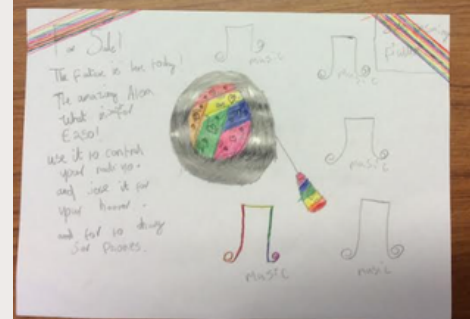
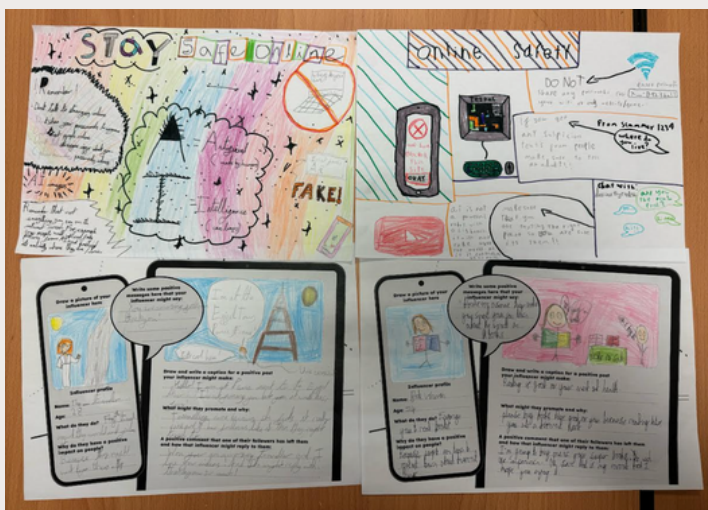
2024 | Tuesday  
6 February

[www.saferinternetday.org](http://www.saferinternetday.org)



This week, Mrs Clarke launched online safety week with a special collective worship. She read the book #Goldilocks - a cautionary tale, and the children learnt so much about managing change and influence online. The children came up with some amazing answers to some really challenging questions.

Throughout the week, the children have been carrying out a range of online safety tasks and activities in class. Here is a snapshot of some of their learning.



# Fearfully & Wonderfully Made Day



The children learned all about Type 1 Diabetes this week thanks to our resident experts at Barnham. We were so proud of them leading us through Collective Worship and sharing openly with us and we all learned so much from you.  
Thank you and well done, we are so proud of you!

## Our Value is Truth

We continued our work on the value of Truth this week.

We have enjoyed exploring this BIG QUESTION, perhaps you'd like to continue talking about this at home:

**When do you have the opportunity to listen to each other's points of view and how do you learn from this?**



Vicar Karen shared an interesting story with us on Thursday all about the elephant and the 5 blind men. Do look it up if you've not heard this one. She encouraged us all to think about whether we know the whole story, the whole truth before we jump to conclusions.

Our Truth Bible Verse - John 8 v 31-32:

Jesus said, "If you hold to my teaching; you are really my disciples. Then you will know the truth and the truth will set you free."



# Lunch Menu for Next Week

Monday 12th February	Tuesday 13th February	Wednesday 14th February	Thursday 15th February	Friday 16th February
Pizza & Veggi Rice Or Tomato Pasta	Cheesy tomato pasta & Garlic Bread Or Jacket Potato	Fish & Chips with Peas/Beans Or Veggi Fingers	Roast Chicken, Stuffing, Yorkshire & Fresh vegetables Or Quorn Fillet	Sausages & Herby Potatoes with Beans/Veg Or Quorn Sausages
Ice Cream Roll	Chocolate Crunch & Chocolate Sauce	Fruit Jelly	Strawberry Mousse	Jam Sponge & Custard

## Diary Dates

Wednesday 14th February- Ash Wednesday- KS2 Children to attend service at church as part of Collective Worship

Monday 19th - Friday 23rd February 2024 - HALF TERM

Monday 25th and Tuesday 26th March - Parents Evening

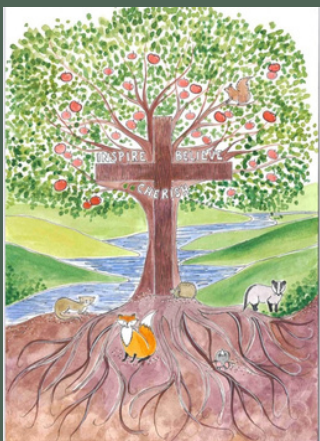
Please see parentmail for online booking

Thursday 28th March 2024 - Last Day of term

Friday 29th March - Thursday 11th April 2024 Easter Holidays

Friday 12th April - PD Day

Monday 15th April - Children return to school



### OUR SCHOOL BIBLE VERSES:

"But blessed is the one who trusts in the Lord,  
whose confidence is in him.

They will be like a tree planted by the water  
that sends out its roots by the stream.

It does not fear when heat comes;  
its leaves are always green.

It has no worries in a year of drought  
and never fails to bear fruit."

Jeremiah 17:7-8

Jesus said 'I am the vine; you  
are the branches.

Those who abide in my and I in  
them, will bear much fruit.'

John 15:5

