



## SCHOOL LUNCHES

WB: 14th March 2022

### Lunch

#### Monday

Sausage in a fresh local bun,  
with diced potatoes and  
beans or sweetcorn.

or

Quorn Sausages

Homemade Shortbread

#### Tuesday

Chicken Curry & Rice with  
green beans & naan bread

or

Three Bean Stew

Syrup Sponge and Custard

#### Wednesday

Mac Cheese, Broccoli &  
Garlic Bread

Or

Meat Free Meatballs

Apple Crumble & Ice Cream

#### Thursday

Roast Beef and Yorkshire  
Pudding

Or

Quorn Fillet

Fruit Smoothie

#### Friday

Jumbo Fish Finger, Chips,  
Peas or Beans

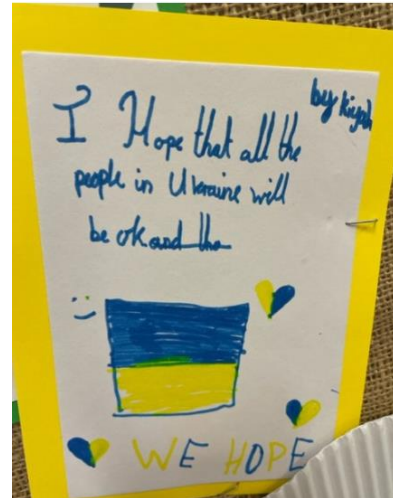
Or

Jacket Potato

Chocolate Brownie

Thank you very much for all your kind donations for Ukraine, these have all now been collected, the first batch of donations should have already arrived in Ukraine with the second batch arriving shortly.

We continue to pray and stand in solidarity with Ukraine, our focus this week has been looking at hope. Here are some of the children's hopes:



## Meet...Mr Phillips

Hello! I was delighted to have started as SENDCo at Barnham in January 2021.

I have a large family, which I love spending quality time with and I am also a foster carer for young children.

I thoroughly enjoy being outside whenever possible, especially walking and cycling.

I work on a Monday, Tuesday and Wednesday and you can find in the wonderful green log cabin on the front playground.

Please do say hi, or catch me if there is anything I can do to help.



It is so important that every member of our school community feels safe, happy, valued and respected when they are at school. Indeed, our overarching vision is Inspire, Cherish and Believe we strive to ensure that everyone feels inspired, believed in and cherished within our school community.

Across the school, we have been working with teachers, support staff and children to devise our own values and expectations of one another, across the school. We are delighted to share with you our final what 'Being Barnham's Best' looks like.

Each week a teacher will choose a child who has consistently shown the 'Being Barnham's Best' expectations, below to join Mrs Arnold, or Rhonda for Hot Chocolate Friday!



**We are the best we can be for ourselves, each other and for God's world at Barnham CEVC Primary by: -**

- Being kind to each other
- Trying our best all the time
- Being brave about having a go
- Sharing our learning with others
- Making good choices so everyone can learn
- Looking after our beautiful school
- Taking pride in all that we do
- Be forgiving to others
- Knowing we can ask God to help us

**By 'Being the Best We Can Be' we live our Christian values of compassion, friendship, thankfulness, forgiveness, hope and justice.**





We are very sad to share that Mrs Truman will be leaving Team Barnham on Friday 18<sup>th</sup> March; whilst we are sad to be losing Mrs Truman we are very excited that she will be starting her own new adventures in the world of Outdoor Learning. We wish Mrs Truman all the luck in the world!

### Family Thrive Programme



With Covid restrictions lifted we are excited to “finally” be able to run Family Thrive programme in school.

Our Family Support Practitioner, Rhonda, runs sessions using the Thrive Approach to help parents and carers understand how the Thrive makes a positive difference to the wellbeing of your children – and therefore the whole family, including you!

The Thrive Approach shows you how to be – and the impact this has on those around you. It helps you to understand why your children might behave the way they do. You will discover how to ensure your time and interactions with your children have a positive impact.

Family Thrive will offer you some strategies and activities that help build positive relationships in your family unit, for the wellbeing of each and every one of you.

Sessions will be weekly for six weeks and cover the following topics:

Session 1: Introduction to the Thrive Approach

Session 2: Early brain development

Session 3: Key strategies Session

4: Trigger times Session

5: Developing Thinking skills Session

6: Moving on

Sessions are limited to 6 spaces and will run every **Friday Morning from 25<sup>th</sup> March 9-11am**

A flyer with more information and details of how to secure your free space is attached to this parentmail.

Please email Rhonda to book:

[rtasker@barnham.org](mailto:rtasker@barnham.org)

We continue to share our prayer for you as the terrible situation in Ukraine sadly continues.

**Dear Lord Jesus**

**We pray for all the people of Ukraine. We pray for the girls and boys who are frightened and worried.**

**We pray for Mums and Dads who are keeping them safe.**

**We pray for all the kind people of Poland, Hungary, Moldova, Slovakia and Romania who are looking after families who are leaving their homes.**

**We pray that you will protect them all from harm and give them courage.**

**We pray that you will give them the peace they all long for**

