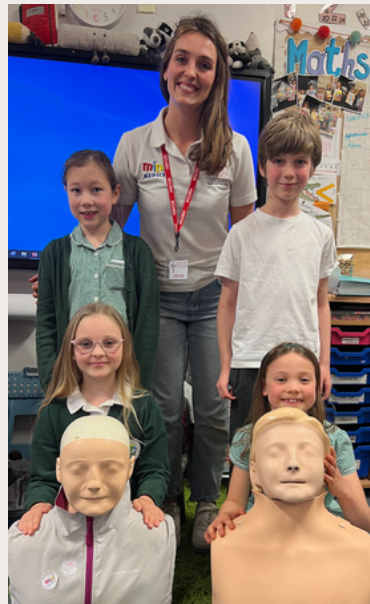


WE INSPIRE, CHERISH AND BELIEVE
IN EACH PERSON THAT THEY MIGHT FLOURISH
AND FULFIL THEIR POTENTIAL

Mini Medics First Aid Course for Badger Class & Fox Class



This week Badgers and Foxes had the opportunity to become 'Mini Medics'. Emily from Outline First Aid Training came in to show us basic first aid.

We learnt:

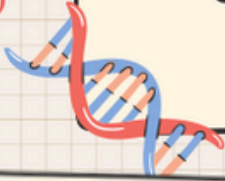
- What first aid is
- What we might find in a first aid box and where to find one in school
- What to do if someone had a graze or a cut
- Types of questions we would ask a casualty
- Calling for emergency services
- DR ABC

We learnt that we should remember and use DR ABC when someone is not well. This stands for Danger, Response, Airways, Breathing, CPR. Badgers and Foxes were able to practise the new skills they had learnt from Emily on manikins and each other. All children were able to perform all skills with support and ask questions about when to use it and how to do it safely.

The children were awarded certificates to show they are now Mini Medics and are ready to support other members of the community with first aid, if needed.

Thank you so much Emily for coming in and delivering such amazing training and well done children for your excellent engagement. Year 5 and 6 will have this same course in May, so that will be something for them to look forward to.

British Science Week



Science Week

10/3/2025- 14/3/2025



This week has been Science week. The theme for British Science week is 'Change'. Children across the school took part in live lessons with the BBC and NFU. Badgers were able to learn about being an astronaut with Tim Peake and watched a Belted Galloway Calf being born too.

Did you know? The International Space Station travels around Earth once every 90 minutes!!

Did you know? Green Energy does not pollute the air or any water sources.



Each class was given a famous scientist to research. This Scientist either linked to their current learning, learning from a previous year or as a clue to learning they will do the following year.

Hedgehogs were so inspired by their focus scientist, Tim Peake, that Mrs Bird turned their classroom in to a space theme.

Squirrels were so inspired by their focus Scientist, Mae Jemison, they are going to be using her as the focus of their writing in the coming weeks. We can't wait to share what they write and learn about her.



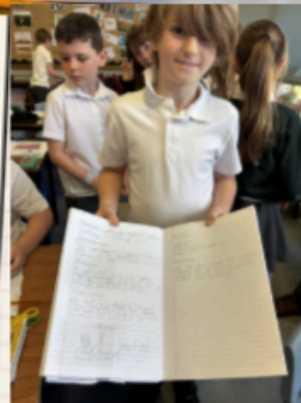
Otters spent Wednesday afternoon fighting climate change in a live lesson with the NFU.

First, they met Dr Harriet, the Cow Geneticist who introduced them to a heard of Belted Galloway cows. They discussed adaptation, inheritance and selective breeding. They also met Claudia, the Plant Physiologist, to learn how selective breeding and adaptation in plants can help create climate change resistant crops. Otters also spent time researching their class scientist, Stephen Hawking, and created a collaborative poster about his life and work.

Foxes created presentations and posters about Charles Darwin using the chromebooks.

They also completed an experiment for their changing states of matter unit in their Science lessons. They were investigating the rate of evaporation.

They measured how much water had evaporated at different time intervals. They presented their experiment in their books and wrote conclusions based on their earlier predictions.



SCIENCE WEEK POSTER COMPETITION

The theme this year is **CHANGE**

Please have your posters in **NEXT** week.

We would like to invite you to create a poster around our theme. Your poster could be about:

- How they have changed from a baby
- Animal life cycle
- The change in technology
- Life cycle of a plant/seed
- Field to fork
- Different gestational periods
- Changes in weather throughout the seasons
- Climate Change
- Evolution
- Go futuristic- predict what spaceships/ life/ new discoveries will be and look like in years to come



Closing date is 21st March!!
We can't wait to see your posters.

Online Safety Advice

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

ROBLOX

AGE RESTRICTION
PEGI
7

Roblox is one of the most popular video games among children. In 2020, the game's developers claimed that more than half of the USA's children had played it. As a 'sandbox' title, the game lets players create their own gaming experiences with Roblox Studio to build custom levels, which can then be shared online.

WHAT ARE THE RISKS?

ONLINE PLAY RISKS

Because Roblox connects random players across the world, it can put younger players into an environment with anonymous users who could use the platform for nefarious reasons. For example, some role-play games are used for online dates and mature role play, which could expose youngsters to inappropriate messages in the public chat box.

ANONYMOUS PLAYERS

The anonymity of users can leave players vulnerable to bullying, harassment, and predatory behaviour. Without the right parental controls or monitoring, users can connect with each other via personal messages or friend requests, and it is very difficult to know who's behind a username in this vast online world.

MATURE CONTENT

Content is difficult to moderate throughout Roblox, due to the number of games available. This is particularly notable on smaller games and experiences, but in summary, some of the games and experiences offered on the platform contain age-inappropriate content that could easily be seen by young players.

RISK OF ADDICTION

Roblox games can feature rewarding or satisfying mechanics that keep players coming back – or persuade them to stay logged-in for much longer. Like most games, they focus on interactivity, with constant rewards via in-game unlocks and currencies, which can sometimes lead to an addictive need to remain online for long periods of time.

IN-GAME SPENDING

The majority of games within Roblox have extensive monetisation options, usually through season passes or microtransactions. Purchases can range in value from a few pennies up to much larger sums of money. While some games offer a lot of content via purchases, others can offer very little for real world money, causing younger players to end up out of pocket.

SCAMS

Many of the games on Roblox feature collectible items, pets, or characters. These objects, while digital, are worth a lot of real money on certain online markets. Scammers will attempt to trade with younger users in the hopes of getting rare items that can be sold for real money, manipulating the child into handing them over, usually via misleading information.

Advice for Parents & Educators

MONITOR THE CONTENT

While Roblox does implement plenty of moderation tools and parental controls, it's up to parents and guardians to monitor the types of games a child or impressionable player is experiencing. If a youngster wants to play Roblox, be sure to check out which specific games they want to play within it, and get a good idea of their content.

PLAY TOGETHER

Consider playing Roblox with the children in your care. There are few more effective ways to see how monetisation works, gauge whether the game could lead to addictive behaviours, or even witness how interaction between players works, than sitting down and trying the game for yourself. This should help you figure out whether it's suitable for particular children.

TAKE ADVANTAGE OF TOOLS

Use the parental controls within the game itself and teach youngsters how to report and block other players. Knowing the powers within their reach will make Roblox a safer, happier experience. You can set age ranges for who's allowed to contact you, close public chat boxes, block spending, and even make your Roblox profile completely private. All these options are helpful in cutting off bad actors from engaging with children.

TEACH ONLINE BEHAVIOURS

Have an open conversation about the risks of online play and how to spend money wisely. By being honest and giving tips on how a younger user can protect themselves, you can empower them to not only take care of themselves, but others too. Any user can be reported to Roblox moderators by other players for behaving inappropriately. With this knowledge, younger players can be aware of what to look for and help prevent it.

Meet Our Expert

Dan Lipscombe is a videogame journalist and author of over 20 books on gaming, including books on Minecraft, Fortnite, Roblox, and more. For 15 years he has been writing about his passion for gaming. When he's not playing games, he's talking about them at GAMINGbible.



#WakeUpWednesday

The National College

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Lent - Photos from Week 2 Challenges

Justice in Food



Calling all Barnham Change Agents
'Act, Love, Walk'
A Justice-Filled Lent

Week 2 - Justice in Food

ACT: Try eating a meal made with fair-trade or locally-grown, ethically-sourced food.

LOVE: Learn about where your food comes from and show your appreciation for farmers and fishermen around the world. Make a thank you card and bring these into school and we will share them with the wider community.

WALK: Visit a local farm, market, or community garden and see how food is grown or even try growing your own food.

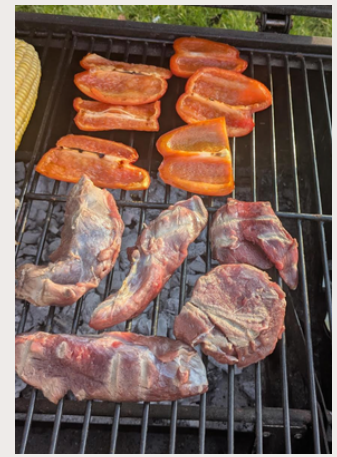
And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God. Micah 6 v 8



Well done Minnie for planting your own food. She told us all about it in Collective Worship and we loved seeing the photos too. We hope they grow well and can't wait for an update on their growth.
Well done to Lucas

A huge thank you to our amazing in-house catering team- Charlotte and Sandra for preparing our school meals and using local produce wherever possible. We had a great meal on International School Meals Day this week!

Can you try and complete just 1 challenge next week?



Elliot enjoyed cooking some venison sourced locally from Raveningham Estate in Norfolk. The whole family enjoyed a visit to Thetford Garden Centre to choose vegetable seeds which we will be planting soon.

Well done Elliot and Lucas!

Here's your next challenges for Lent - Week 3

Calling all Barnham Change Agents

'Act, Love, Walk'
A Justice-Filled Lent

Week 3 – Water and Justice



ACT: Reduce water waste—turn off taps, take shorter showers, and use water wisely. Design a poster to encourage others to do the same, please bring these into school.



LOVE: Reflect on the importance of water and pray for those without clean water.



WALK: Go out for a walk with your family but take and carry a bucket of water to experience how far some people must walk for clean water. You could also fill your pockets with heavy water bottles.

And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God. Micah 6 v 8

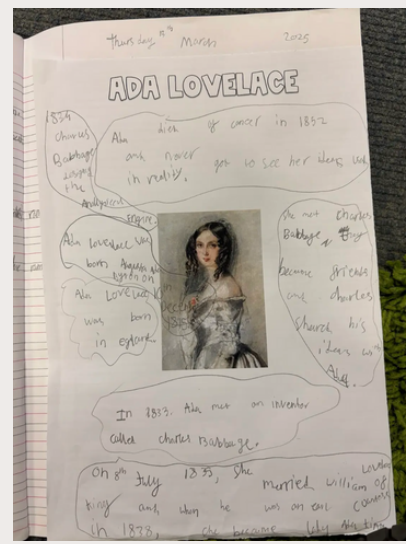
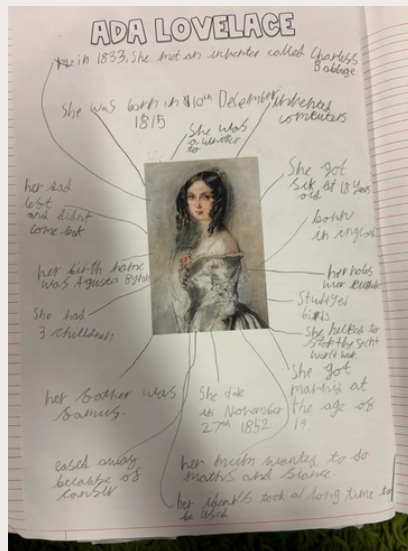
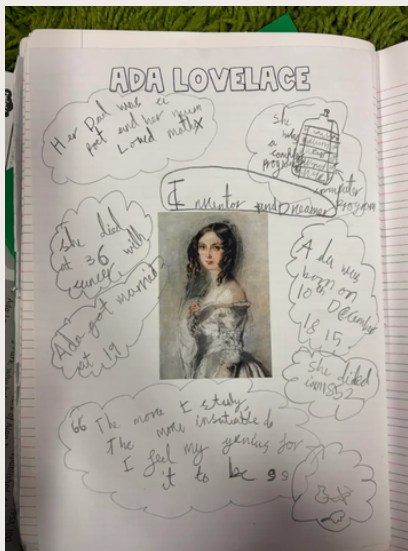
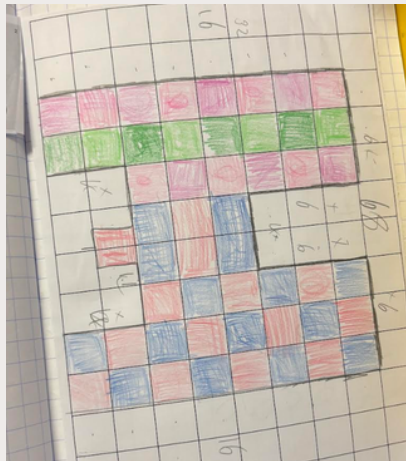
Act, Love, Walk - A Justice-Filled Lent

Badger Class News

We have finished our length and perimeter unit in maths. We used our knowledge to create our names or initials on squared paper and calculated the perimeter. This week Badgers have started their fractions unit. We have learnt what unit and non-unit fractions are and have been identifying them. We have been ordering and comparing unit fractions, using pictorial representations to help us. We came to the conclusion that the smaller the denominator, the bigger the fraction.

In writing, we have been writing letters of complaint to the Prime Minister. We have been practising addressing the reader directly using second person pronouns and rhetorical questions.

We have loved Science Week too. We have been taking part in live lessons and even got to see a belted galloway calf being born! We created individual posters about Ada Lovelace, our focus scientist. We were fascinated to find out that she was one of the leading people who created computers and without her work in the 1800s, we wouldn't have computers today.



Thrive Activity Idea

This week we're going to get crafty with some positivity and make a Jar of Joy!

You will need:

- An empty jam jar
- Some coloured tissue paper torn into small pieces – the more colourful the better!
- PVA glue and water mix (50/50)



- A paint brush
- A luggage label
- A memo pad or post it notes
- Pen or pencil



How to:

- Paint the outside of the jar with the glue mixture
- Stick the pieces of tissue paper on – layering the paper will make the colours really stand out!
- Leave to dry over night
- Create a Jar of Joy label and attach it to the jar (a luggage label is good for this)

Place your jar somewhere where you will see it everyday with the memo pad and pen next to it – every time you do something that makes you feel happy write it on the pad and pop it in the jar. Next time you need to feel some joy open your jar and read some of your happy memories.

FOBS News

£5

BINGO

EASTER EGG

Bingo!

WIN Chocolate prizes!
WEDNESDAY 2ND APRIL
Barnham Village Hall

Doors open 5.00pm | **£5.00**
Eyes down 5.30pm | for 6 games

Pay on the night however please note spaces are limited!

Hotdogs, snacks and refreshments available to purchase.
Kids FREE raffle on the night too!

FOBS
FRIENDS OF BARNHAM CIVIC PRIMARY SCHOOL

The quiz night last weekend was a huge success.

Thank you to everyone who came along, we raised an amazing £240 for the school. A big thank you also has to go to our quiz master Mikey, he was amazing!

Our next big event will be Easter Egg bingo. There will be a non uniform day on Monday 24th March in exchange for an Easter Egg which goes towards prizes at Easter bingo. Please note the change in date for this on the diary dates.

Don't forget FOBS would love to hear from new volunteers. Please e mail ptabarnham@gmail.com to find out more.



Thank you Mrs Berrington



Thank you so much for our beautiful new altar cloth Mrs Berrington. Our Sacred Space has had a beautiful make-over and we are extremely grateful for your creativity.

We love how you recycled various materials from previous projects to make this- it makes it even more special because it has a story!

Thank you again!



Our Value is Justice

Our BIG QUESTION this week is:

Why is it important to stand up for what is right?

This question is sure to generate some interesting discussions around the dinner table.

We have had a wonderful week in Collective Worship this week. The week began with Miss Anderson launching Science Week for us. Vicar Karen visited on Tuesday to bless our new altar cloth that were so very kindly made by Mrs Berrington (Willow's Mum).

On Wednesday we welcomed Helen Matter to Collective Worship and we always enjoy her very interactive assemblies! We learned all about St Oscar Romero from El Salvador and how he stood up to injustice in the world. Helen even had some teachers acting out his story. We also looked at a picture that an artist from El Salvador painted to remember his life.



Thursday was some singing practice as we need to get ready for our Easter Service. Please note our Easter Service will be on Friday 4th April at 1:30pm at St Gregory's Church, Barnham.

We always end every week with a celebration and sharing assembly on a Friday.

Our JUSTICE Bible Verse - Micah 6 v 8 And what does the Lord require of you? To act justly, love mercy and to walk humbly with your God.



Lunch Menu for Next Week



Week 2 Menu:

Monday 17th March	Tuesday 18th March	Wednesday 19th March	Thursday 20th March	Friday 21st March
Jacket Potatoes Choice OR Vegi tomato pasta Crunch & Chocolate Sauce	Chicken burgers & wedges OR Quorn Fillet Strawberry Mousse	Mac 'n' cheese and garlic bread OR Jacket Potato Flapjack	Sausage Roast OR Quorn Sausage Jelly & Fruit	Filet of fish & chips OR Quorn Vegi Fingers Marble Cake

Diary Dates

Monday 17th March - Verve Karate Workshops for Moles, Badgers, Foxes, Squirrels and Otters

Monday 24th March - Parents' Evening

Tuesday 25th March - Parents' Evening

Monday 24th March - Non-Uniform Day for donations for Easter Eggs

Friday 28th March - The Gruffalo @ Theatre Royal, Bury- Hedgehogs, Moles & Badgers

Tuesday 1st April - SATS Information Evening for Year 6 Families

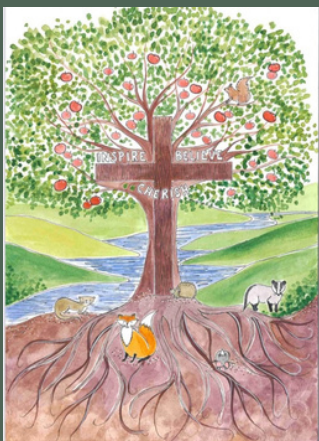
Friday 4th April - Easter Service at Church - 1:30pm

Monday 7th April - Monday 21st April - Easter Holiday

Tuesday 22nd April - Summer Term Begins

Thursday 24th April - School Farm and Country Fair- Trinity Park- Year 3 & 4

Thursday 24th April - Pig Heart Boy @ Theatre Royal, Norwich- Year 5 & 6



OUR SCHOOL BIBLE VERSES:

"But blessed is the one who trusts in the Lord,
whose confidence is in him.

They will be like a tree planted by the water
that sends out its roots by the stream.

It does not fear when heat comes;
its leaves are always green.

It has no worries in a year of drought
and never fails to bear fruit."

Jeremiah 17:7-8

Jesus said 'I am the vine; you
are the branches.

Those who abide in my and I in
them, will bear much fruit.'

John 15:5

