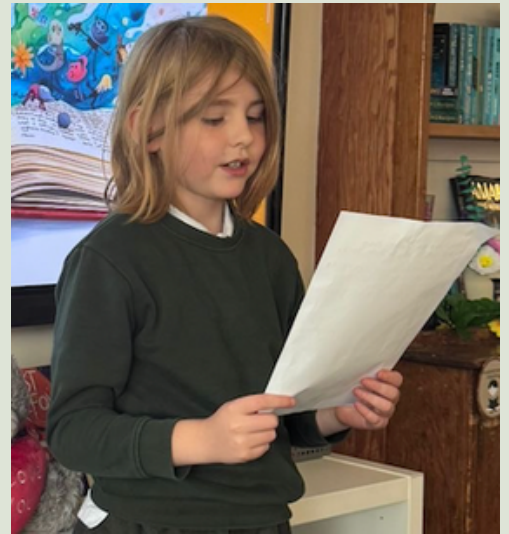
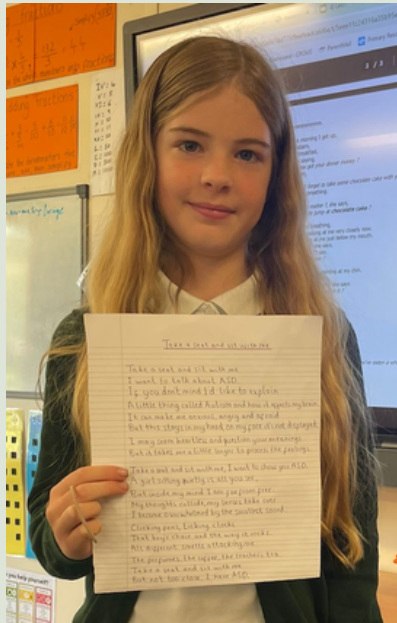
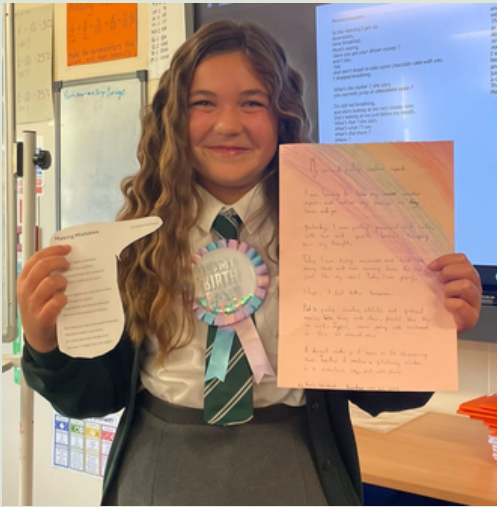


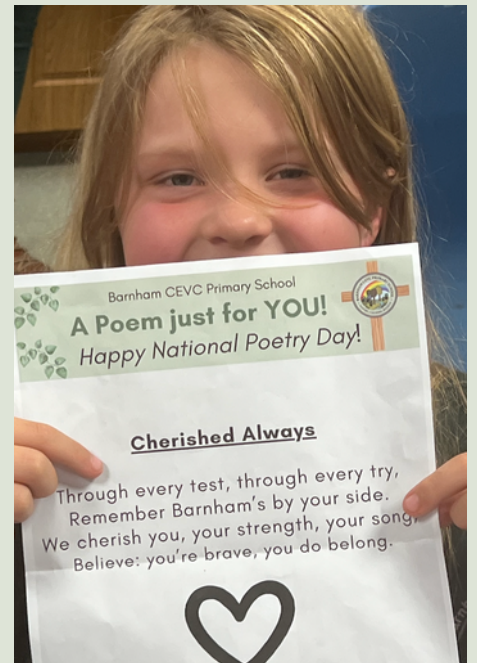


We Inspire, Cherish and Believe
in each person that they might flourish
and fulfil their potential

National Poetry Day!

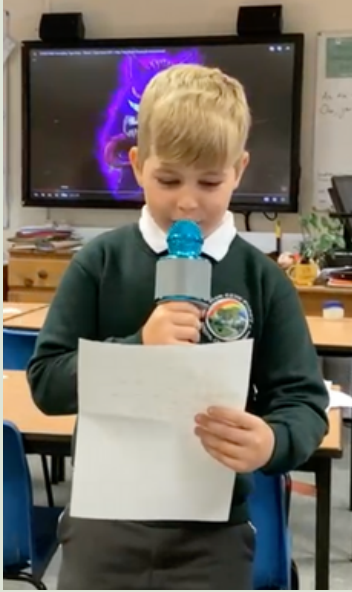


Time To Go
It was September 2023
Just my siblings, mum and me.
We moved away from what we knew
Finally at the top of the queue.
Goodbye to seagulls nesting on our home,
Farewell to the beach just down the road.
Would I make new friends again?
And if I would, I wondered when?
Then, in April 2024,
Mum got a call she couldn't ignore.
"Hello, it's Barnham Primary,
And we have spaces for you finally."
I started my new school and loved what I found,
Tractors and chickens and new friends all around.
So whilst it's sometimes scary to leave what you know,
Don't forget to dream of where you can go.



Thursday was a wonderful day in school . We celebrated National Poetry Day in style with children reading, writing and performing their poems across the day!
Some poems were sad, some were happy! We enjoyed playing with words and sharing together in lots of different ways.
Some children and staff were gifted with special poems to boost their self-esteem and to bring them a moment of happiness and joy.

Even More Poetry...



My weekend feeling weather report.

I am learning to take my inner weather report - and notice my feelings as they come and go.

Yesterday I was feeling peaceful and calm, with Sun and gentle breeze sweeping over my thoughts.

Today I am feeling miserable and tired with gloomy clouds and rain running down the roof, just like my nose! Today I am poorly.

I hope, I feel better tomorrow.

Back to feeling creative, athletic and grateful again, with shiny and clear, pastel blue sky, no wind. Joyful, warm feeling with excitement in the air around me.

It doesn't matter if it rains or it's shimmering sun. Together it makes a glistening rainbow in a fabulous sky, full with fun!

by Annie Whitbread Sunday 28th Oct 2015

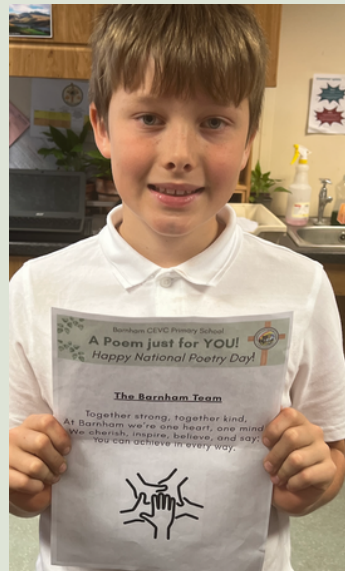
To SHINE Jack V6

I stand on the field with my heart beating fast
Anxiously waiting for my teammate to pass
So I make my run into space
I beat the last defender with my outstanding pace.

I take my first touch and have the ball at my feet
Should I pass or should I shoot?
There's only the keeper to beat!

Rooney and Rashford have been here before.
It's my time to shine and make the parents roar.

GOAL



Thank You Mrs Fish!

We were so pleased to welcome Hadley's Mum to our Collective Worship on Wednesday! She played the piano for all the children as they came into Collective Worship and as they left. This was a real musical treat and we are grateful for you offering to do this and giving up your time to inspire our children.

Don't forget we are always looking for visitors to come in and inspire our children- so if you play a musical instrument or know somebody that does, please do e mail us as we'd love to arrange something special.



Happy World Teacher Day!

Can you work out who is who?



This Sunday, 5th October, schools and communities around the globe will mark World Teacher Day. It is a special opportunity to recognise the dedication, care and commitment of teachers everywhere, and to highlight the vital role they play in shaping futures and inspiring young minds.

Here at Barnham, we feel incredibly fortunate to have such a committed and passionate team of teachers, who work tirelessly to meet the needs of every individual child. Their belief in, and dedication to, inspiring and cherishing our pupils truly shines through in all they do.

We want to say a huge thank you to our wonderful teacher team:

*Miss Jarvis, Miss Anderson, Mrs Fleet, Miss Cross, Mr Holman, Mrs Kennedy,
Miss Bacon and Mrs Arnold.*

Each of them brings creativity, energy and care into the classroom every day, and we are so proud of the difference they make in the lives of our children.

As part of our celebrations, the children designed plant pots and created a special card as gifts for their teachers. We also celebrated our teaching team during our Friday Collective Worship, where the whole school joined together to reflect on and give thanks for the invaluable work they do.

World Teacher Day may officially be on Sunday, but here at Barnham we celebrate our teachers every day – they are the heart of our school.

News from Badger Class

Roll up! Roll up! The classroom was transformed into a temporary big top to kick start the learning of our new book 'Leon and the Place Between.' We ate popcorn and watched clips of tumbling acrobats and incredible jugglers before doing some amazing writing about the magic of the circus.

In art we have been using white paint to create tints. In history we did some excellent writing about the Stone Age (as you can see in Amy's work). We celebrated National Poetry Day by performing "We're Having a Quiet Day" by Roger Stevens and used his poem to write our own class masterpiece. Well done Badgers!

We're Having a Quiet Day

As quiet as a soft badger asleep in its bed
As quiet as a snail slithering across a carpet of moss
As quiet as a mouse nibbling cheese
As quiet as an ant whispering to her friend
As quiet as a muted computer game
As quiet as a gently flowing stream
As quiet as a ladybird enjoying some silent reading
As quiet as a fish blowing bubbles in its tank
As quiet as a sloth hanging from a branch
As quiet as a predator sneaking up on its prey
As quiet as a candle flickering in a church
As quiet as a snowflake floating down from the sky
As quiet as a dandelion growing in a field
As quiet as a hedgehog curling up in a ball
As quiet as snake shedding its skin
As quiet as a willow tree swaying by a lake
As quiet as a humming bird drinking from a flower
As quiet as a page being turned

By Badger Class



CONNECT Coffee Morning

Monday 13th October @ 9am-10am



We warmly invite all parents and carers to our next CONNECT Coffee Morning on Monday 13th October from 9.00 - 10.00am in the Staff Room. These mornings are a great opportunity to meet other members of our school community in a relaxed and friendly setting, while enjoying a hot drink and conversation.

At this event, we are delighted to welcome Anne Maclsaac from Family Action West Suffolk Neurodevelopmental Support Service.

This is a free service that offers guidance and support to parents and carers of children and young people aged 5-24 who are awaiting assessment, undergoing diagnosis, or already diagnosed with conditions such as Autism or ADHD.

(For more information please visit: <https://family-action.org.uk/services/west-suffolk-neurodevelopmental-support-service/>)



Following Anne's talk, there will be time to chat informally, enjoy refreshments, and connect with other parents and carers.

Everyone is very welcome to attend, and there is no need to book - just drop in. We look forward to seeing you there!

Please sign in at reception and we will show you through to the staff room.



Building
stronger
families

News from Thrive Hive



This week, our Thrive Hive team has been putting in tremendous effort to clear and rejuvenate the pond area. Their hard work is paving the way for a vibrant and thriving pond ecosystem, which will not only support a variety of wildlife but also create an inspiring space for outdoor learning experiences. We are excited to see how this area will come alive, offering our learners hands-on opportunities to explore nature, observe pond life, and engage with the environment in meaningful ways.

If you are able to help us with this project in any way at all then Catherine would love to hear from you - please drop her an e mail at cstocking@barnham.org

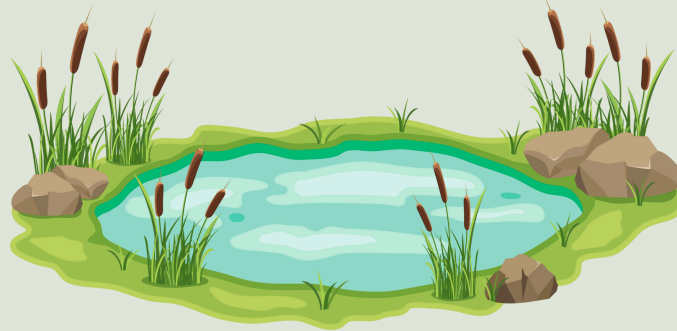


Thrive Activity of the week



At Thrive Hive, we've begun the huge task of clearing the pond area so that all the children in school can enjoy and explore it. This project will not only spark curiosity and learning for the children, but also help create a richer, more diverse ecosystem for our local wildlife.

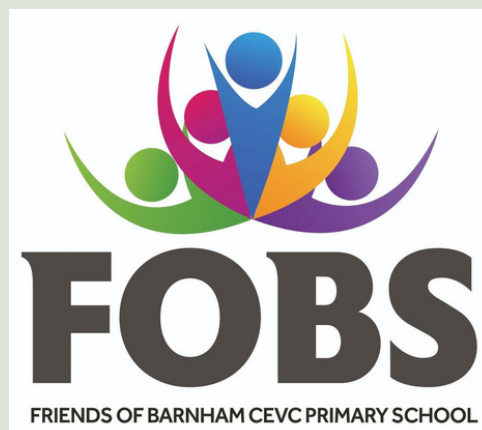
Why not try building your own natural ecosystem at home? You could design a bug hotel or leave a corner of your garden to grow wild. Work together with your family and friends - it's a great team effort! We'd love to hear about your ideas or even see photos of your finished projects. Please email them to cstocking@barnham.org.



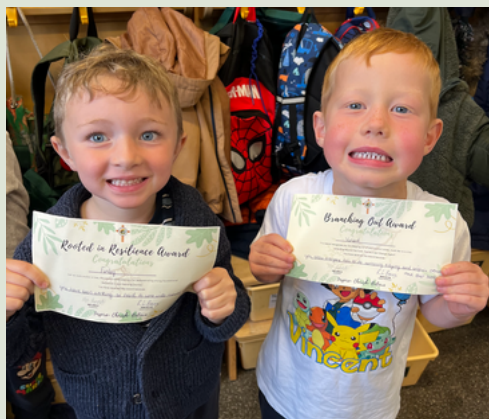
Messages from FOBS

Please note, the FOBS AGM will no longer be held on Tuesday 7th October, a new date will be arranged soon and we will let you know when this is.

FOBS have their own instagram for you to follow - [@friendsofbarnham](https://www.instagram.com/friendsofbarnham)
Their e mail address is ptabarnham@gmail.com
They are still very keen to hear from more willing volunteers.



Congratulations!



Rooted in Resilience & Branching Out Awards

World Mental Health Day Friday 10th October 2025



Next Friday is World Mental Health Day.

So to help us celebrate the importance of wellbeing and mental health- we will be encouraging all children (and adults too) to wear something that makes them happy!

It might be that they choose to wear their favourite comfy jeans and jumper, a funny fancy dress costume to make themselves and others smile, bright colours, a favourite football shirt or even pyjamas! The options are endless! Please just ensure that their choice is comfortable and warm enough for all weathers and forest school type activities please.

Wear something that makes you happy!

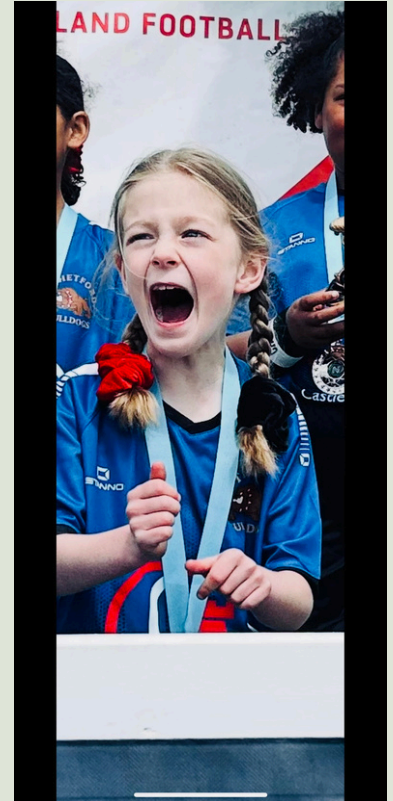
More Sporty Stories of Resilience!



Six months ago, Sophie and Flo joined the Under-10s Thetford Bulldogs girls' football team for the very first time. Trying something new can be daunting, but they've shown real resilience – stepping outside their comfort zone, making supportive new friends, building confidence, and learning new skills as part of a team.

With dedication to training twice a week and turning up for early Saturday games – whatever the weather – they give it their all. And their hard work is paying off: so far this season, every league game they've played has been a win!

Proud of their courage, commitment, and teamwork every step of the way.



Six months ago, Dotty stepped in last minute as goalie for a team a year above, knowing no one and being the smallest on the pitch. True to form, she gave it her all and loved it!

Now she's a full team member, moved up front, and even scored a few goals. We're so proud of her resilience, commitment, and the way she always plays with a smile – the best teammate and cheerleader anyone could ask for.



Anna has joined the Thetford Bulldogs Under-9 girls' team. The team needed a goalkeeper, and after watching Hannah Hampton play for the Lionesses, Anna was completely inspired. She decided to take the opportunity and is now their keeper.

Although she has only played four games, her confidence has grown week by week, and she practices in the garden as often as she can.

This past Saturday, they played an away league game against Cambridge. The Bulldogs were leading 4-1, but Cambridge came back strong, firing shots in all directions. Anna faced countless attempts on goal and managed to save so many, including some very difficult ones, keeping the Bulldogs in the game. In the end, the Bulldogs won 6-4, and Anna was named Player of the Match. As she said herself, "I just LOVE football!"

We are so proud of you girls!

Super Swimmers!



Congratulations to Natty. His mum shared his swimming success story with us as part of our resilience in sports focus. She reports "Natty has worked really hard at swimming and last Tuesday was given the happy news he had completed all the elements needed to pass stage 5. He is excited to begin working towards stage 6 later today."

We are really proud of you Natty!

Did you know that Squirrel Class are having weekly swimming lessons this term? They attend Breckland Leisure every Tuesday morning.

We'd like to say a huge well done to all of them, in only 3 weeks we've seen some incredible progress in the pool.

Swimming is an essential life-skill and we would strongly encourage you to take your children swimming as regularly as you can so that they can build their confidence in the water and build skills before they start swimming with the school in Year 5 & 6!



A message for Year 5 families- as the weather gets a little colder, you might like to consider getting your child a swimming hat to wear in the pool as this will help to keep their hair a little dryer so that they don't have wet hair for the rest of the school day which might make them a bit cold especially as they have PE outdoors on a Tuesday afternoon.

We'd also like to congratulate the following children who have really shone in swimming over the last couple of weeks:

Daisy - for being brave and jumping in the pool

Flo - for super speedy swimming to help her team win the relay at the very last minute

Owen - for moving up a group in swimming already and for showing real confidence and great technique.

Ava - for working so hard and improving but also being a really kind and supportive friend for children who are not finding swimming very easy.

Sophie - for working super hard to improve her back stroke

Ash - for showing some incredible floating positions and showing essential skills to keep himself safe in the water if ever he needs to.

Erin - for making real progress and growing in confidence

Lucas - for showing real effort and challenging himself in lessons

We are proud of all of you and can't wait to see your continued progress in the coming weeks!

Harvest of the Seas

Just a little reminder, our Harvest Festival is coming soon-

Thursday 16th October

This year, we will be asking for donations of tinned fish for Thetford Foodbank and children have started to bring these in, we have a collection box in the hall and lots of space on the shelves to add more. We love to help our friends at Thetford Foodbank, so please do help if you can and ask your friends, family and neighbours- if they'd like to help us collect tinned fish - we are happy to pass on everyone's donations.



On the day, we will also be collecting silver coins (5p, 10p, 20p, 50p) for The Fishermen's Mission charity. It would be great if you could get a little bag/ jar and try to start collecting now and then the children can bring this in to school on Thursday 16th October. Our hope is to cover some fish images in coins that can then be donated to the Fisherman's Mission.

Finally, we'd LOVE the children to create some fish themed art work for us to display at our Harvest Celebration and then share with the church afterwards. These can be made on the computer, using art and craft materials or even be a photo of fish made outside. Children are invited to bring these in ASAP so we can start building our display together.



Here is the plan for the afternoon.
Families are invited to join us from 2:15pm.



You will need to sign in at the school office, so please head there first.

If your child is in Hedgehogs, Moles or Badgers - you will head to their classroom first for some stories and activities.

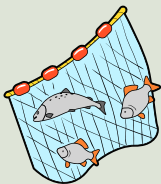
If your child is in Foxes, Squirrels or Otters - you will meet them in the hall for the assembly led by Andy Malcolm from The Fisherman's Mission.

Each class will also have something to show or perform something with you all.



Then at approximately 2:45pm - the two groups will swap over. Squirrels and Otters will head back to their classrooms for some activities and the younger year groups will come to the school hall.

At approximately 3:05pm, we will then ask parents/ families to head outside to wait for the children on the playground so that they have time to get tidied up and ready for their home things.



If you have a child/ children in more than one class, you can decide how to split your time throughout the afternoon. We would just ask that if attending the assembly part in the hall, you wait until that is finished before leaving. You are also welcome to bring another family member so that you can split yourselves between multiple children if that helps.

Please can we just remind you, that if you take photographs at this event- please do not share these on social media as for safeguarding reasons not all of our children have consent.

Our Value is Resilience

This week, we've been thinking about how we can be courageous even when we are feeling afraid as part of our growing in resilience.

Our big question for you to think about as a family over the week is:

*Is fear something we should try to avoid
or can it teach us something?*

We were delighted to welcome Susie Bratby from Thetford Team Ministry into our school on Monday. Susie shared a very special Bible story about a group of friends who brought their paralysed friend to see Jesus. The story showed how these friends demonstrated courage and determination—they didn't let fear or obstacles stop them from helping someone in need.

To start our time together, some of the children illustrated their own resilience with a fun physical activity, doing push-ups to show determination and strength. We then talked about the importance of supporting our friends, being resilient, and how acts of kindness and bravery can have a life-changing impact on others. It was a wonderful opportunity for our pupils to reflect on friendship, faith, and the difference we can make when we care for one another.



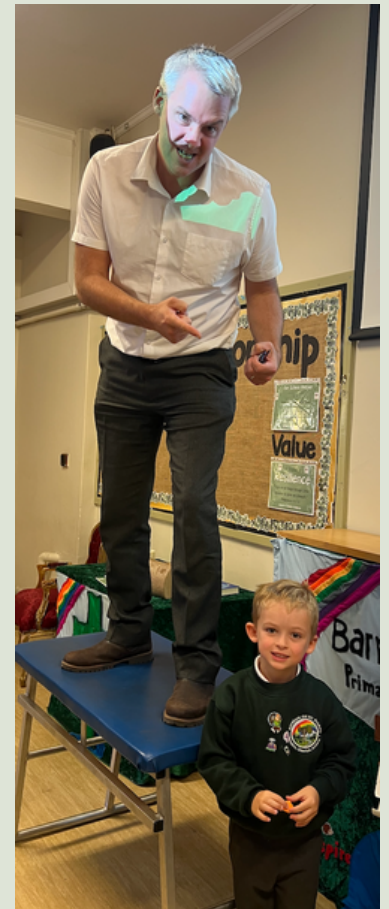
We also looked at the bible story of David and Goliath and really enjoyed acting this out in Collective Worship. A huge thanks to our very own David and Goliath, Jude and Mr Holman. We also reflected on the quote by Nelson Mandela -

*"Courage is not the
absence of fear, but the
triumph over it."*

Lots of important learning has happened in Collective Worship this week, do try and remind your children to share their learning and remember resilience, being brave and overcoming fears whenever you have the opportunity. Together, we can grow in resilience!

Please do continue to e mail the school stories of resilience- we love hearing them and will continue to share more in our future newsletters.

E Mail them to admin@barnham.suffolk.sch.uk or rbacon@barnham.org



Our RESILIENCE Bible Verse -

"I can do all things through Christ because he gives me strength."

Philippians 4 v 13

Lunch Menu for Next Week

Monday 6 th October	Tuesday 7 th October	Wednesday 8 th October	Thursday 9 th October	Friday 10 th October
Jacket Potatoes Choice	Pasta Bolognese OR Tomato Pasta	Fish finger wrap and salad OR Vegi Fingers	Sausage Roast OR Quorn Sausage	Chicken burger & chips OR Quorn Fillet
Strawberry ice cream	Vanilla Cake	Jelly & fruit	Ice lolly	Chocolate cake & ice cream

Please note, our menu is subject to changes and these will be communicated via ParentMail

Diary Dates

- Friday 3rd October - FOBs School Disco
- Friday 10th October - World Mental Health Day - Wear something that makes you happy!
- Monday 13th October - CONNECT Coffee Morning 9-10am with Visitor, Anne McIsaac from Family Action
- Tuesday 14th October - Individual Photos Day
- Thursday 16th October - Harvest of the seas afternoon
- Wednesday 22nd October - Parents' Evening
- Thursday 23rd October - Parents' Evening
- Friday 24th October - PD Day

HALF TERM

Thursday 11th December - KS1 Nativity Performances (more details to follow)

OUR SCHOOL BIBLE VERSES:

"But blessed is the one who trusts in the Lord,
whose confidence is in him.
They will be like a tree planted by the water
that sends out its roots by the stream.
It does not fear when heat comes;
its leaves are always green.
It has no worries in a year of drought
and never fails to bear fruit."
Jeremiah 17:7-8

Jesus said 'I am the vine; you
are the branches.
Those who abide in my and I in
them, will bear much fruit.'
John 15:5

